



MEET YOUR
SPEECH
HELPERS



HomeSpeechHome.com





Dear Speech-Language Pathologist or Parent/Caregiver,

Please use this eBook to help you teach others about their Speech Helpers. You can **and print it** as much as you would like.

Our goal is for this eBook to help as many people as possible.

If you want someone else to have a copy please **tell others** you found it at HomeSpeechHome.com.

Learning about the Speech Helpers is an important first step in learning to say a new sound because it helps children follow sound placement cues and movement directions more easily and with less confusion.

The full color photos and diagrams will help you teach, while the “Color by Number” page will help your children apply their new knowledge through a hands-on activity.

After your children “meet” their Speech Helpers, [consider using our “Teaching the Sound” e-Books](#) to help you teach correct speech sounds.

If you are a parent...

...our “Teaching the Sound” e-Books are an affordable therapy option and a good way to be involved with your child’s speech development.

If you are an SLP...

... our “Teaching the Sound” e-Books will be another helpful “tool” in your therapy toolbox.

Good luck and have fun learning about the Speech Helpers.

Meet Your Speech Helpers

Read and talk about the ten Speech Helpers with your children. This will help them learn what parts of the body make speech and which ones are used to make each sound.

Locate and feel each Speech Helper on your body. Then try making some of the sounds that go with each one.

*Remember when you read letters with quotations (“K”), it means to read it as “**the sound it makes without a vowel.**” Do **NOT** say it with a vowel (“kuh” as in cut) or as the letter name K (Kay).

Examples:	“F” is “fffffffff”	<i>not</i>	“fuh” or “eff”
	“N” is “nnnnn”	<i>not</i>	“nuh” or “en”
	“L” is “uulllll”	<i>not</i>	“luh” or “el”



Lips

Put your lips together to make “P”, “B”, “M”, and “W” or just use your bottom lip when you make “F” and “V”.

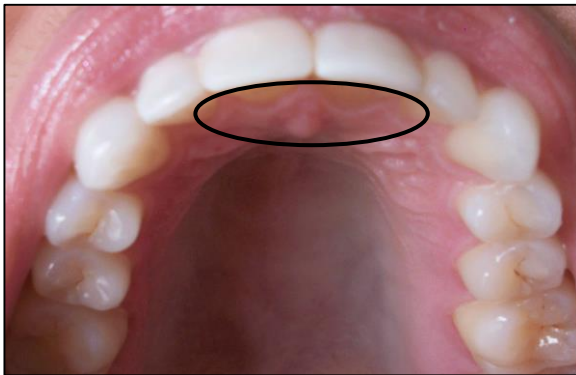


Teeth

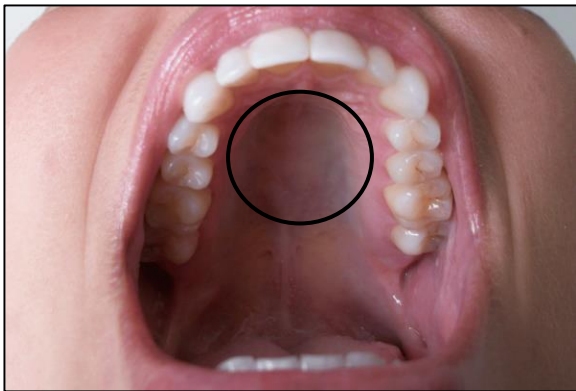
Close your teeth to make “S” and “Z” or put your top teeth on your bottom lip to make “F” and “V”. Your tongue goes between your teeth for “th” (as in thin) and “TH” (as in the).

**Nose**

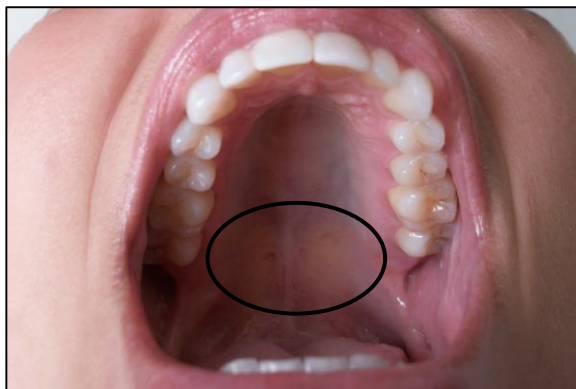
Air flows through your nose to make “N”, “M”, and “NG” (as in “sing”).

**Ridge**

Your ridge is right behind your two front teeth. It’s the right spot for “S”, “Z”, “L”, “T”, “D”, and “N”.

**Front-Roof**

The front-roof is the right spot for “CH”, “J”, “SH”, and “ZH” (as in measure).

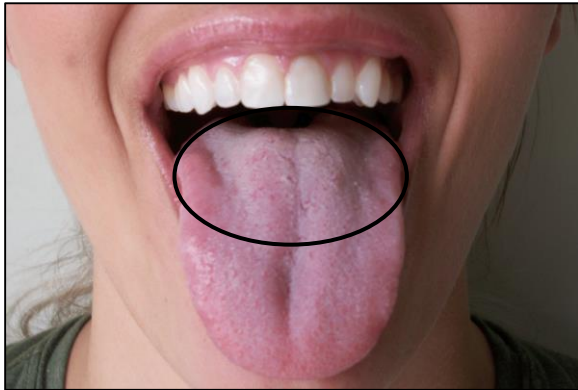
**Back-Roof**

The back-roof is the right spot for “K”, “G”, and “R”.



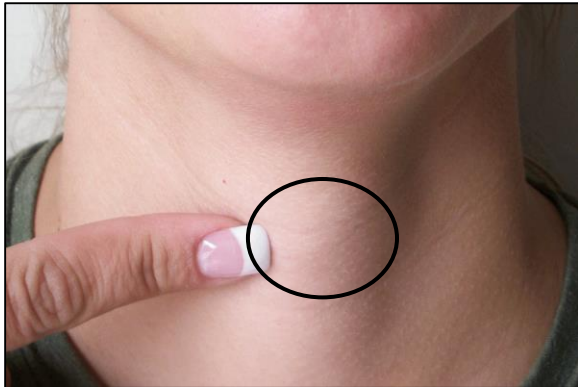
Front-Tongue

The front of your tongue is used to make “T”, “D”, “S”, “Z”, “Y”, “L”, “Ch”, “J”, “SH”, “th”, “TH” and “ZH” (as in measure).



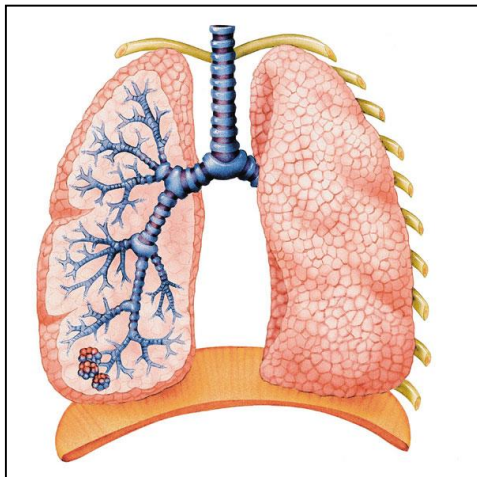
Back-Tongue

The back of your tongue is used to make “K”, “G”, and “R”.



Vocal Cords

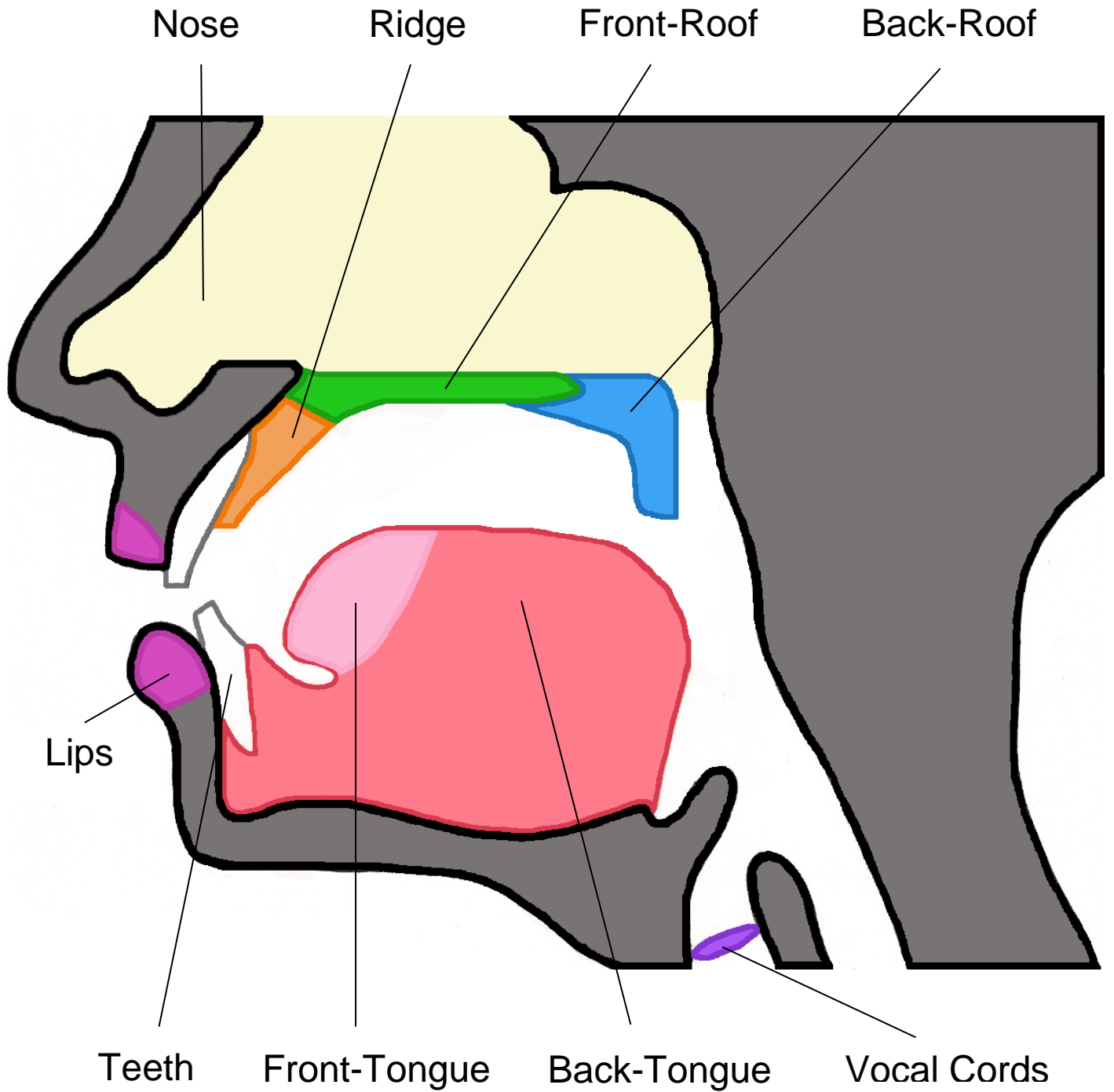
Your vocal cords vibrate to make ALL vowels and *voiced* sounds like “B”, “D”, “G”, “Z”, etc. They don't vibrate for *voiceless* sounds like “P”, “T”, “K”, “S”, etc.



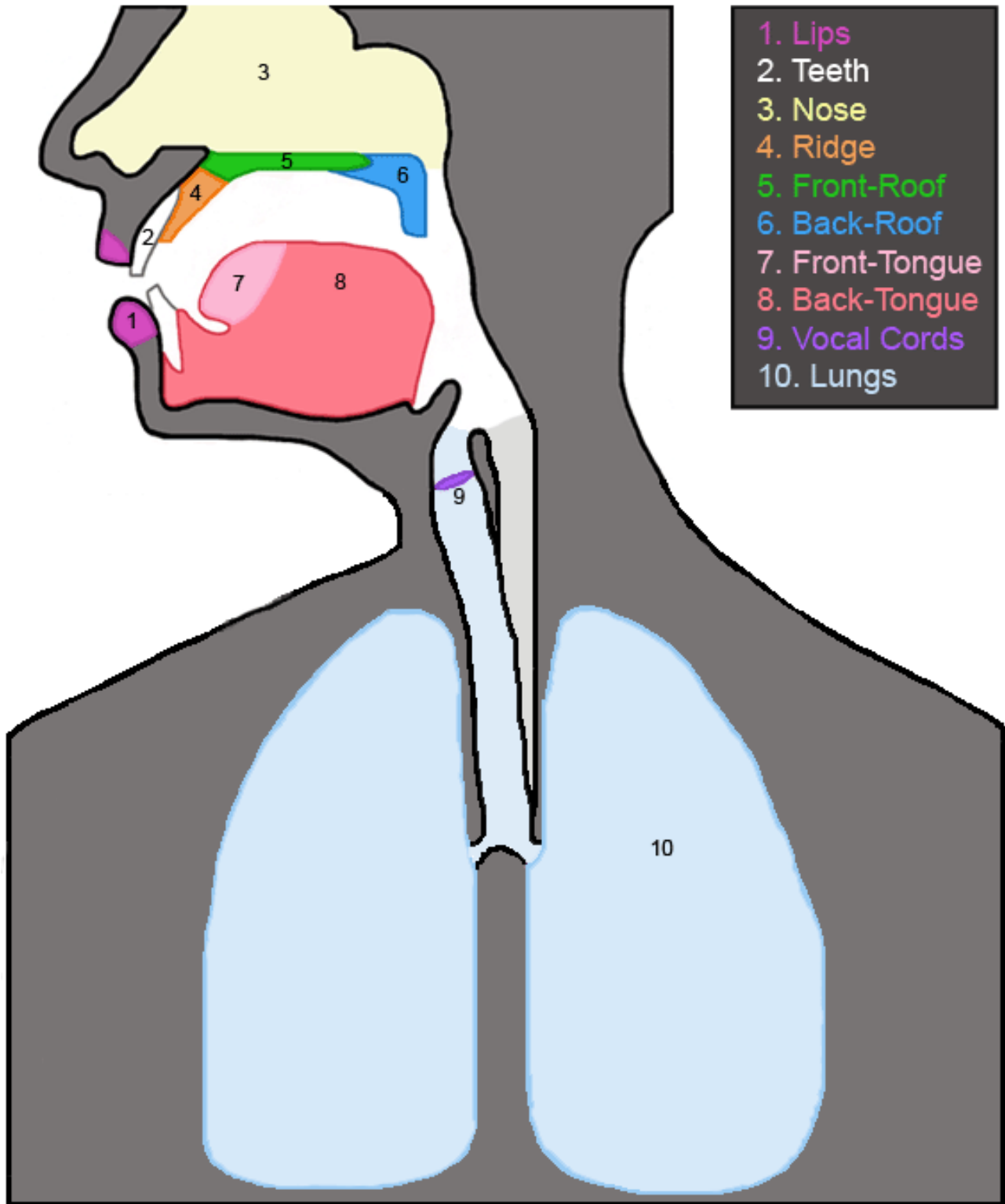
Lungs

Your lungs give you air to make every sound - especially “H” because it's all air!

A Close-Up of the Speech Helpers

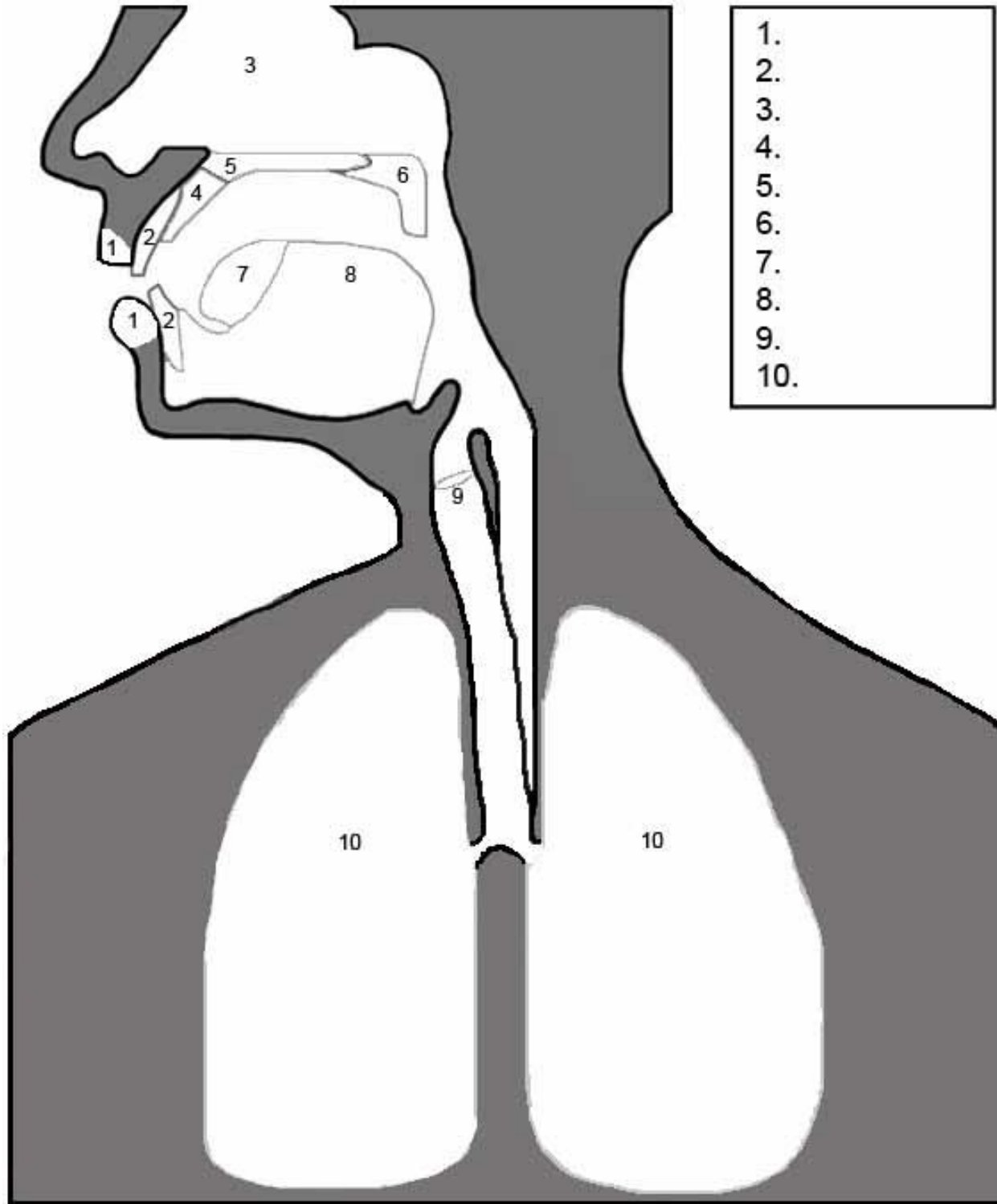


MY SPEECH HELPERS



MY SPEECH HELPERS

Color by Number!



Print. Identify parts, color, and fill in label box. Try completing it without looking at the model.

- | | | | | |
|---------------|----------------|------------|------------|-----------------|
| 1 - Dark Pink | 2 - White | 3 - Yellow | 4 - Orange | 5 - Green |
| 6 - Blue | 7 - Light Pink | 8 - Red | 9 - Purple | 10 - Light Blue |



We hope this book has helped you on your way to improving your children's speech skills.

Be sure to check our website and [subscribe for free](#) to our RSS feed or our mailing list so you will know about all the newest updates to our site, including new speech therapy ideas and more home therapy kits.

Don't forget to take a look at our ["Teaching the Sound" e-Books](#) ...

...and remember to [use the forums on our website](#). It is a place where:

- Caregivers can **ask** SLPs questions and get real answers
- SLPs can **answer** caregivers' questions
- Parents can **talk with other parents** for support and find out what works well for them

Thanks for choosing HomeSpeechHome!